

*"If you always give, you will always have."
Chinese Proverb*

2009 KPTA SSIG Student Conclave
September 12, 2009

APTA & KPTA: THE DYNAMIC DUO

THANK YOU

- For attending today!
- For making a commitment to your future as PT's and PTA's!
- For participating in the KPTA Special Interest Group!
- By attending today you are getting a head start on your career!

*"Don't count the days,
make the days count."
Muhammad Ali*



SURVEYS

- Please answer the questions on the sheets in front of you and turn those in.



HULA HOOPS

- No, we're not going to work on your lumbar ROM or hip flexibility!



HULA HOOPS

- Why did some of the groups have trouble?
- You are very smart people!
- Putting a ring on the floor should be easy, right?



HULA HOOPS = GROUP DYNAMICS



- Doing something simple with more than one person can be very difficult.
- But having more people available makes it possible to do bigger and bigger things.

HULA HOOPS = COMMUNICATION



- Demonstrates why HOW you communicate is sometimes just as or more important than WHAT you communicate.
 - If you don't communicate in a way your audience wants to hear it, it may not matter what you say.



HULA HOOPS = PERSEVERENCE



- It may take time for a group to achieve a goal, but usually the goals groups achieve are much grander than one person can do alone.

"Don't fear pressure, for pressure is what turns rough stones into diamonds."
Unknown

Who knew
hula hoops
could be so
educational?

APTA/KPTA → WHAT DOES IT MEAN TO YOU?

- Let's review some of your replies to my questions:
- What do you perceive APTA/KPTA's role to be?
- What do you want APTA/KPTA to do for you?
- What can you do for APTA/KPTA?




"The key to happiness is having dreams...the key to success is making dreams come true." *Unknown*

APTA VISION 2020

- Doctor of Physical Therapy
- Evidence-Based Practice
- Professionalism
- Direct Access
- Autonomous Practice
- Practitioner of Choice




APTA/KPTA: ADVOCACY




- What groups represent PT's and PTA's and the profession of physical therapy?
 - 1.
 - 2.
 - 3.
 - 4.
 - 5.
 - 6.

APTA/KPTA: ADVOCACY




- What groups represent PT's and PTA's and the profession of physical therapy?
 - 1. **APTA nationally and KPTA locally**
 - 2.
 - 3.
 - 4.
 - 5.
 - 6.



ADVOCACY


- How much noise does one person in a stadium make?
 - Does anyone pay attention?



"People are lonely because they build walls instead of bridges." *Unknown*

ADVOCACY

- How much noise do 80,000 people in a stadium make?
 - People pay attention now!



 **Medicare**

ADVOCACY TO WHO?

- Congress
- Centers for Medicare & Medicaid Services (CMS)
- National insurers
- State legislatures
- State regulatory bodies
- Local insurers
- Communities (aka friends, neighbors, etc.)



"Think highly of yourself because the world takes you at your own estimate." *Unknown*

KPTA

- State chapter of APTA
 - Elected officers
 - Appointed Board of Directors that serve as committee chairs
 - Almost 1,000 PT & PTA members
 - Out of 3,000+ PT & PTA licensees in Kansas

KPTA OFFICERS

- **President:** Mark Dwyer, PT, MHA
- **Vice-President:** Stacia Troshynski-Brown, PT, DPT
- **Secretary:** Kim Galbreath, PT, DPT
- **Treasurer:** Diana Sherrard, PT
- **Chief Delegate:** Susan Harms, PT, MHS

*"Ability will never catch up with the demand for it."
Malcolm Forbes*

KPTA COMMITTEES

- **Bylaws:** Sue Willey, PT, MS
- **Ethics:** Susan Scholl, PT
- **Finance:** Diana Sherrard, PT
- **Historian:** Jane Mobley, PT
- **Legislative:** Paul Silovsky, PT
- **Membership:** Brian Boerner, PT
- **Nominating:** Julie Newman, PTA, BS
- **Professional Competence:** Julie Newman, PTA, BS
- **Programming:** Candy Bahner, PT, DPT
- **PTA Caucus Representative:** Angie Hoerner, PTA
- **Public Relations:** Christina Wisdom, PT, DPT
- **Reimbursement:** Daryl Menke, PT, DPT
- **Research:** Patty Kluding, PT, PhD
- **Standards and Practice:** Kendra Gagnon, PT

"Winning in business is not a spectator sport. It requires everyone's contribution."

James A. Belasco and Ralph C. Stayer

- Winning for our patients and society.
- Winning for our profession.
- Winning for you with a rewarding and participative profession.

But no one wins if we sit out the game.

**SO GET IN THE DRIVER'S SEAT
— IT'S YOUR PROFESSION!**