



Kansas Physical Therapy Association
2010 Fall Conference



Helping Lives Move Forward

October 1-3, 2010

Prairie Band
Casino
&
Resort

Mayetta, KS

Achieving Evidence-Based Physical Therapy Practice: A Practical Approach to Apply Evidence in Practice, Clinical Teaching, and Management

All Things Shoulder

Best Practices for Documenting Physical Therapy Services

Cardiopulmonary and Vascular Regulation: The Implications for Stroke Rehabilitation

Case Studies in Pharmacology

Cash Based Services for the Physical Therapist as a Fitness Professional

Continuing Competence: An Ongoing Discussion

Demystifying Treatment of the Pregnant Patient

Developing "Cash Based" or "Niche" Programs

Direct Access In Your Clinic: You Can Do It!

Don't Be A McTherapist!: A Crash Course in Evidence-Based Practice for Common Conditions in Orthopedic Physical Therapy

Eligible Providers as Defined by Blue Shield of Kansas

Evidence-Based Screening and Treatment of Lymphedema

Examination and Treatment of the Running Athlete

My World is Spinning: The Diagnosis and Treatment of Benign Paroxysmal Positional Vertigo (BPPV)

Oh My Achin Feet: Biomechanically Correct Foot Orthotics

Physical Therapy for the Workers Compensation Patient

Prevention and Wellness: Make It Your Every Day Practice!

Resumes and Interviews: How to Set Yourself Apart

Shoebox Rehab: Rehabilitating and Challenging Higher-Level Patients in Small Clinics with Limited Resources

Social Media: It's Impact on Communication and You

The Patient with Neurological Involvement and You: Review and Update for the PTA.

The Physical Therapist as Practitioner of Choice for Wound Management

Trigger Point / Myofascial / Muscle Energy Techniques

Women's Health: Overview and Current Evidence Update

*Move Forward.*TM
Physical Therapy Brings Motion to Life

www.moveforwardpt.com

CONFERENCE COURSES

Friday, October 1, 2010

8:30AM — 12:15pm

Achieving Evidence-Based Physical Therapy Practice: A Practical Approach to Apply Evidence in Practice, Clinical Teaching, and Management.

Presented by Carla Sabus, PT

The session serves as an overview of evidence-based practice principles relevant to physical therapy practice and will integrate examples of evidence that is shaping current practice. Statistical concepts of clinical research will be reviewed with practical examples of interpretation. Participants will identify strategies to achieve and teach evidence-based practice and apply evidence-based practice principles to organizational quality improvement.

The participants will be able to upon completion of this session:

- Define evidence-based practice and recognize the range of EBP competencies.
- Through exposure to current literature, understand the state of evidence-based practice in contemporary physical therapy practice.
- Produce a clinical question and a search strategy for selected database within area of practice.
- Apply critical appraisal strategies to arrive at a clinical interpretation of evidence.
- Appreciate foundational statistical analysis relevant to clinical research including comparison, correlation, and classification.
- Identify practical approaches of achieving EBP at a personal practice level and organizational level.

Cardiopulmonary and Vascular Regulation: The Implications for Stroke Rehabilitation

Presented by Sandra Billinger, PT, PhD, FAHA

This course will review the cardiopulmonary and vascular system and the regulation of these systems at rest and during exercise. This session will address the cardiopulmonary and vascular alterations that occur post-stroke and the implications for stroke rehabilitation.

The participants will be able to upon completion of this session:

- Understand the regulation of the central and peripheral mechanisms of the cardiopulmonary and vascular systems.
- Describe the changes that can occur and affect cardiorespiratory fitness and blood flow.
- Discuss the current literature and evidence-based recommendations related to exercise and stroke rehabilitation.
- Apply information presented in this lecture in a case-study of a person post-stroke.

Continuing Competence: An Ongoing Discussion

Presented by Susan Harms, PT, MHS & Julie Newman, PTA

Does holding a current license mean you are competent to practice physical therapy? Who is responsible for assuring competence? What is the scope of continuing competence? Is it safe practice? Is it effective practice? Are there a set of "core competencies" in which all providers must continually maintain and update their competence?

The participants will be able to upon completion of this session:

- Identify at least four of the major issues integral to the discussions on continuing competence of health care providers.
- Discuss the stakeholders concerns and fears related to continuing competence requirements.
- Consider the knowledge, skills, and abilities that may be included in a set of core competences representing contemporary practice.
- Deliberate on the various roles stakeholders have related to continuing competence, including licensing boards, the professional Association, educators, employers, and consumers.
- Provide feedback on the most important issues of continuing competence from their perspective.
- Accurately complete an application for approval of continuing education by the KPTA.
- Determine if a course has been pre-approved by the KPTA.
- Apply the rules and regulations, of the KS Practice Act pertaining to continuing education, when choosing future continuing education activities.

Direct Access In Your Clinic: You Can Do It!

Presented by Mark Dwyer, PT, MHA

This 3.5 hour workshop will provide examples of outpatient clinics, both private and hospital-based, that have implemented the direct access provisions available to us in Kansas. Included will be what planning and approvals were required, what documentation was created or changed, and how reimbursement has fared since implementing direct access.

The participants will be able to upon completion of this session:

- Implement direct access in their outpatient clinics and overcome the concerns of reimbursement and administrative or physician approval.
- Comply with the provisions of the direct access portion of the Kansas PT Practice Act.

Best Practices for Documenting Physical Therapy Services

Presented by Candy Bahner, PT, DPT, MS

This course will introduce and discuss "best practices" and "essential components" of functionally documenting physical therapy services.

The participants will be able to upon completion of this session:

- Identify "best practices" and essential components of physical therapy documentation.
- Identify documentation pitfalls to avoid when documenting physical therapy interventions.
- Identify the essential components of: Writing a functional therapy goal. Documenting skilled care. Documenting medical necessity. Documenting evidence based care.

Physical Therapy for the Workers Compensation Patient

Presented by Sean Shire, PT

"Workers Compensation patients present unique challenges to the physical therapist. This course will educate attendees on basic legal issues, motivational challenges and solutions, effective clinical case management and overall best practice strategies for this patient population." Understand the key components of effective work comp patient management.

The participants will be able to upon completion of this session:

- Understand the basic legal underpinnings of workers compensation as it pertains to Physical Therapy.
- Identify the components of the SPICE model of medical management for workers compensation and how it is applied in PT.
- Identify basic motivational strategies of the workers compensation patient.

Friday, October 1, 2010

1:30PM — 5:15PM

Case Studies in Pharmacology Presented by LaDonna Hale, PharmD

This interactive course will utilize case scenarios to discuss medication-related issues that may affect rehabilitation therapies including drugs that increase fall risk in older adults, new medications used to manage pain and osteoporosis, and others.

The participants will be able to upon completion of this session:

- Identify and discuss medications that may increase fall risk in older adults and the physical therapists' role in identifying and preventing medication issues in older adults.
- Identify and discuss new medications used in the management of acute pain, chronic pain syndromes, and osteoporosis.
- Identify and discuss common medication-related issues that may affect rehabilitation therapies.

Developing "Cash Based" or "Niche" Programs Presented by Paul Silovsky, PT

This program will help participants identify the key steps required in both evaluating and beginning cash based or niche program within the clinic. The areas of surveying, branding, program design, and financial controls will be broken down to assist participants in launching a new program in their area of expertise!

The participants will be able to upon completion of this session:

- Teach participants the different types of surveys to perform before launching a cash based or niche program.
- Avoid the pitfalls of properly branding their specialty program in your area.
- Assist participants in writing a basic strategic plan for launching a cash based or niche program.
- Assist participants in creating a financial plan for development of a cash based or niche program.

Eligible Providers as Defined by Blue Shield of Kansas Presented by Vikki Lindemuth & Marie Burdick

Doing business with Blue Shield of Kansas including: Eligibility, Contracting, Billing, and Review of PT provider manual.

The participants will be able to upon completion of this session:

- Determine who is an eligible provider?
- Discuss provider application.
- Review physical medicine codes as outlined in the AMA CPT book.
- Review OT/PT provider manual.

My World is Spinning: The Diagnosis and Treatment of Benign Paroxysmal Positional Vertigo (BPPV) Presented by Burt DeWeese, PT, MCMT

This course will introduce the basic principles of diagnosing and treating the most common type of peripheral vestibular disorder: Benign Paroxysmal Positional Vertigo (BPPV). The course will include an anatomy review of the peripheral vestibular system, key components of the patient's intake and instruction on evaluating and treating BPPV.

The participants will be able to upon completion of this session:

- Understand the anatomy and physiology of the inner ear system and causes of BPPV.
- Understand appropriate assessment techniques to obtain a correct clinical diagnosis.
- Be able to perform treatment techniques for the differential diagnosis of BPPV.

Social Media: It's Impact on Communication and You Presented by Mary McBride Moore

This course will introduce many of the most popular social media sites available today and the role of social media in the future.

The participants will be able to upon completion of this session:

- Understand the concept of social media.
- Discuss the power of social media and it's impact on business and everyday lives.
- Learn how to utilize social media for marketing purposes.

The Physical Therapist as Practitioner of Choice for Wound Management Presented by Karen Bock, PT, CWS, CLT & Marie Petrich, PT, CWS

Participants will have an understanding of all aspects of the physical therapist as practitioner of choice for wound management. Physical Therapists will understand the challenges and opportunities for innovation in wound management after the presentation.

The participants will be able to upon completion of this session:

- Distinguish the etiology of a wound.
- Have an understanding of dressing classes.
- Verbalize 3 modalities that are appropriate for application by the physical therapist or physical therapist assistant for wound healing.
- Use correct terminology and objective data to document a wound.
- Utilize research to support the role of physical therapy in wound management.

Friday, October 1, 2010

6:30PM — 9:30PM

Issues Forum Presented by KPTA Board of Directors

- Reimbursement issues consisting of a "case study" of how KPTA managed the BCBSKS PTA coverage changes followed by a discussion of how we as an association want to manage issues such as these in the future.
 - A timeline of what KPTA did and when.
 - Reasoning behind decisions that the KPTA Board of Directors made.
 - Discussion of antitrust issues that we all have to be aware of (the association and individual members).
 - Discussion about how we should manage these issues in the future.
- Legislative initiatives planned for 2011.
- Other issues that members want to discuss.

Saturday, October 2, 2010

8:00AM — Noon

Examination and Treatment of the Running Athlete Presented by Janis Loudon, PT, PhD, SCS, ATC, CSCS

This course will introduce the clinician to the examination and treatment of the running athlete. Common injuries, footwear, and video analysis will be presented.

Upon completion of this course the participant will be able to:

- Perform an examination of the running athlete.
- Identify biomechanical faults and training-related risk factors for running injuries.
- Select proper footwear for the running athlete.
- Weigh the pros and cons of orthotics.
- Perform taping techniques for biomechanical faults at the foot.
- Develop a return to running program.

Prevention and Wellness: Make It Your Every Day Practice! Presented by Stacia Troshynski Brown, PT, DPT, OCS

Learn to utilize prevention and wellness in your practice, no matter what setting! As the population ages and health care reform looms overhead, physical therapists need to be at the forefront of the prevention movement. Utilize marketing strategies to enhance and broaden your clinical practice to incorporate the wellness spectrum. Learn how to build a successful wellness program within the framework of your current practice.

The participants will be able to upon completion of this session:

- Incorporate health and wellness concepts into a physical therapy patient plan.
- Identify the many factors that affect patients' health and associated wellness.
- Differentiate between health, wellness, prevention, quality of life.

Shoebox Rehab: Rehabilitating and Challenging Higher-Level Patients in Small Clinics with Limited Resources Presented by Dan Lorenz, PT, DPT, LAT, CSCS

This course will discuss methods that can be used to effectively rehabilitate and challenge higher-level patients in clinics with limited resources.

The participants will be able to upon completion of this session:

- Understand how to manipulate rest periods, sets, repetitions, and intensity of workouts to maximize benefits of rehabilitation.
- Define and discuss the concept of periodization and the various models that can be used in the rehab setting.
- Discuss ways to manipulate exercise selection to challenge high-level patients.
- Discuss how to train for endurance, power, strength, and hypertrophy and how to manipulate training variables to accommodate goals.
- Discuss metabolic training for the athlete.
- Discuss alternative training concepts that include but are not limited to complex training, elastic band training, an eccentric exercise.
- Discuss functional testing of the higher level patient.

The Patient with Neurological Involvement and You: Review and Update for the PTA Presented by Tiffany Bohm, PT, MPT, DPT

This course will review strategies for working with the patient presenting with neurological involvement, including such diagnoses as CVA, TBI, and SCI. A general review of new research as well as time for case studies will occur.

The participants will be able to upon completion of this session:

- Review basic pathology and treatments for the patient with neurological involvement.
- Discuss when it is appropriate to refer the patient to the PT for further evaluation.
- Discuss new research and its application to working with the patient with neurological involvement.
- Develop treatment strategies for a simulated patient based upon the evaluation and plan of care from the PT and within the scope of practice of the PTA.

Trigger Point / Myofascial / Muscle Energy Techniques Presented by Daryl Menke, DPT, MCMT

This course provides a link between the principles of biomechanics, musculoskeletal anatomy and neuromuscular physiology in its application to movement analysis and musculoskeletal disorders as it relates to Trigger Points, Myofascial and Muscle Energy techniques. This course also covers the role of the physical therapist assistant in the management of common musculoskeletal disorders related to the topic.

The participants will be able to upon completion of this session:

- Define and differentiate between Trigger Points and Acupuncture Points.
- Explain the pathology of Trigger Points in scientific and layman terms.
- Accurately classify Trigger Points.
- Understand and perform a clinical assessment.
- Develop an appropriate evidenced-based treatment plan.
- Define basic pathology of Neural Tension & Muscle Energy and develop an appropriate interventions.

Women's Health: Overview and Current Evidence Update Presented by Kathy Elston, PT & Ann Sundgren, PT

This basic course will focus on providing an overview of common conditions included in the field of women's health physical therapy. The topics will include urinary incontinence, chronic pelvic pain, dyspareunia, osteoporosis, breast cancer recovery and the female athlete. Specific strategies for rehabilitation and discussion of pertinent research and current evidence for these concepts will be addressed. Case studies will augment the lecture.

The participants will be able to upon completion of this session:

- Describe common conditions in women's health physical therapy.
- Understand unique female physiological and anatomical characteristics associated with these common conditions.
- Develop rehabilitation strategies specific to these conditions.
- Develop awareness of pertinent research and current evidence regarding women's health.

Saturday, October 2, 2010

2:00PM — 5:45PM

All Things Shoulder Presented by Dan Lorenz, PT, DPT, LAT, CSCS

This course will include an overview of the most common orthopedic conditions in which therapeutic intervention is indicated, and the evaluation and treatment schemes to promote successful outcomes. Attendees will further their development involving effective evaluation and treatment options, including differential diagnosis, manual therapy, exercise prescription and evidence supported treatment techniques for the shoulder.

The participants will be able to upon completion of this session:

- Review pertinent anatomy and physiology of common shoulder conditions.
- Review the physical therapy evaluation of the shoulder.
- Discuss the differential diagnosis of common shoulder conditions based on subjective complaints and clinical findings.
- Review the three types of shoulder impingement and discuss rehabilitation of them.
- Review evaluation and rehabilitation of frozen shoulder.
- Discuss rehabilitation concerns and protocols for rotator cuff repairs, labral repairs, SLAP tear/repair, and total shoulder/reverse total shoulder replacements.
- Provide plyometric interventions for the upper extremities and rationale for implementation.
- Provide a framework to implement closed and open chain stabilization exercises for the shoulder complex.

Cash Based Services for the Physical Therapist as a Fitness Professional Presented by Justin Prier, PT

Cash based physical therapy services are becoming very popular these days. With insurance companies decreasing reimbursement, denying claims, and delaying payments, it's getting harder and harder to be financially successful. Being able to collect cash for some or all of your services can be extremely beneficial.

The participants will be able to upon completion of this session:

- Realize need in the present Medical Model.
- Identify areas of practice, background and Continuing Education.
- Advantages (Science) of services.

Demystifying Treatment of the Pregnant Patient Presented by Polly Holcomb, DPT & Susan Palmer, PT

This basic level course focuses on the physical therapy evaluation and treatment of the pregnant patient with spinal and/or pelvic pain. There will be an overview of evidence-based practice for the treatment of low back pain with focus on modifications for the pregnant population. The effects of hormonal changes will be discussed. Effective manual therapy techniques and exercise options will be demonstrated. There will be demonstration of good body mechanic skills for activities of daily living, early child care, and labor positions.

The participants will be able to upon completion of this session:

- Identify key components of the physical examination for the pregnant patient with spinal/pelvic pain.
- Describe effective manual therapy techniques and modifications for the pregnant patient.
- Describe considerations for exercise in the pregnant population.
- Demonstrate appropriate body mechanics for ADLs, labor positions, and early childcare.

Evidence-Based Screening and Treatment of Lymphedema Presented by Lisa VanHoose, PT, CLT-LANA, WCC

This evidence-based course will include simulated patient cases and the practice of lab skills on the screening and treatment of lymphedema patients.

The participants will be able to upon completion of this session:

- Describe the anatomy and physiology of the lymphatic system based on current evidence.
- Screen for various peripheral and trunk edemas and complete a thorough and efficient physical therapy evaluation.
- Demonstrate an understanding of the contraindications and indications for complete decongestive therapy.
- Demonstrate an understanding of evidence-based utilization of various compression, electrotherapeutic, LASER and ultrasound modalities in the treatment of lymphedema.

Oh My Achin Feet: Biomechanically Correct Foot Orthotics Presented by Jason Yoder, DPT & Daryl Menke, DPT, MCMT

This course will discuss the anatomy, biomechanics, and common pathologies associated with faulty mechanics. Assessment techniques and evidence-based treatment options will also be discussed.

The participants will be able to upon completion of this session:

- Define lower kinetic chain anatomy and the specific biomechanical input and relationships.
- Explain the common pathologies associated with faulty mechanics in scientific and layman terms.
- Accurately classify common foot faults.
- Understand and perform a clinical assessment.
- Develop appropriate evidenced treatment plan.
- Review, classify, and de-mystify foot orthotics (over the counter and custom).

Resumes and Interviews: How to Set Yourself Apart Presented by Mark Dwyer, PT, MHA

This 3.5 hour workshop will give you ideas and examples so that your resume catches the attention of those you send it to and helps set you apart from others. Of course, your resume is only the first step. Once you land the interview the next phase begins, so the second half of this workshop will focus on the current behavioral interview trend and give you tips to succeed in that venue.

The participants will be able to upon completion of this session:

- Know different approaches to resume writing and the benefits of each depending on the facility, the job, and the goals of the applicant.
- Be prepared to answer behavioral interview questions.
- Be familiar with types of questions they should ask of the interviewer(s) depending on their position, background, etc.

Conference Courses continued on back cover.

CONFERENCE INFORMATION

CONFERENCE LOCATION AND HOTEL

Prairie Band Casino & Resort
12305 150th Mayetta, KS
Just north of Topeka off Highway 75
Phone: 1-888-PBP-4WIN
Web: www.pbpgaming.com

HOTEL RESERVATIONS AND RATES

A block of rooms has been reserved at the Prairie Band Casino & Resort, 12305 150th, Mayetta, KS 66509. A special room rate of \$109.00 per night plus applicable taxes has been negotiated.

To make sleeping room reservations please call the Prairie Band Casino & Resort at 888-PBP-4WIN or (888) 727-4946 between 8:00 a.m. and 5:30 p.m. CST. When you register, you must mention that you are attending the KPTA Fall Conference to receive the special room rate.

Reservations must be made by September 24, 2010 to insure availability. After that date, reservations will be on a space available basis only and the rate you are charged may be higher. The hotel phone number (888) 727-4946 should be left with family for messages and emergency notification.

COME FOR THE CONFERENCE ENJOY THE FUN!!

The Prairie Band Casino and Resort offers many activities for your enjoyment.

- Full gaming facilities (gaming floor is only open to individuals 21 years of age or older.)
- Three full service restaurants. The Longhouse Buffet, Three Fires Steakhouse, and Buffalo Grill.
- 18 Hole golf course.
- Paved nature trail for walking and running
- Outside swimming pool

REGISTRATION CONFIRMATIONS

Confirmations with link to downloads for handouts will be sent via e-mail for registrations received by September 20. Registrations received after that date are contingent upon space availability.

CANCELLATIONS & SUBSTITUTIONS

Written cancellations received by September 23 will be refunded minus an administrative fee of \$50.00. Substitutions are permitted providing the substitute attends the same course(s) as the original registrant. No refunds granted after September 23.

CONFERENCE SCHEDULE

Friday, October 1, 2010

7:30am-8:30am
Registration & Continental Breakfast

8:30am-12:15pm
Morning Educational Sessions

12:15pm-1:30pm
Lunch on your own

1:30pm-5:15pm
Afternoon Educational Sessions

5:15pm-6:30pm
Dinner on your own

6:30pm-9:30pm
Issues Forum

Saturday, October 2, 2010

7:00am-8:00am
Registration & Continental Breakfast
Exhibit Hall Open

8:00am-Noon
Morning Educational Sessions

Noon-1:30pm
KPTA Business Meeting (members only)
Lunch on your own (non-members)

1:30pm-2:00pm
Exhibit Hall Open

2:00pm-5:45pm
Afternoon Educational Sessions

7:00pm-8:00pm
PAC Fundraiser: Casino Gaming Learning Center
(registration fee is extra and not included in conference registration)

Sunday, October 3, 2010

7:15am-8:00am
Continental Breakfast

8:00am-12:15pm
Morning Educational Session

12:15pm — Conference Concludes

KPTA Fall Conference • October 1-3, 2010 • Prairie Band Casino & Resort

Registration Form

One registrant per form • Please print clearly

Name to be used for badge _____
 Address _____
 City/State/Zip _____
 Work Phone (_____) _____
 Home Phone (_____) _____
 Email Address _____

APTA Member number _____ Nonmember

CHECK ALL THAT APPLY:

- DPT PT PTA Life Member Retired Member
 Student/School _____
 New Professional (5 years of practice or less)

Course Selection (Please indicate course(s) you wish to attend)

Friday, October 1

AM. _____ PM. _____

(Please check if you plan to attend) _____ KPTA Issues Forum (Issues Forum is included in 2 & 3 day registration fees)

Saturday, October 2

AM. _____ PM. _____

(Please check if you plan to attend) _____ KPTA Business Meeting Luncheon _____ PAC Fundraiser

Sunday, October 3 (Please check if you plan to attend)

_____ 1. Don't Be A McTherapist!: A Crash Course in Evidenced-Based Practice for Common Conditions in Orthopedic Physical Therapy

MEMBER CATEGORY	If received by 9/13/2010			Received after 9/13/2010		
	Issues Forum Only	2 Days	3Days	Issues Forum Only	2Days	3Days
PT Member	\$45	\$255	\$320	\$65	\$305	\$370
PTA Member	25	190	255	35	240	305
PT/PTA Student Member	10	45	75	30	65	95
Retired or Life Member	10	45	60	20	65	80
PT Nonmember	75	320	380	95	370	430
PTA Nonmember	60	260	320	80	310	370
PT/PTA Student Nonmember	20	60	90	40	80	110

**PAC Fundraiser
Gaming Learning
Center**

Saturday, October 2
7-8PM

\$25 per person
Attendees & Friends Invited
(All participants must be
over 21years of age)

Cash Bar Available

CE credit is not applicable

GROUP RATE: 10% discount if 3 or more register together using one payment method.

I have these special dietary needs: _____ I require these accommodations: _____
 _____ I do not have computer access to download handouts.

Registration Fee (see member categories and rates above) \$ _____
 PAC Fundraiser (\$25 per person, friends welcome, 21 & over) \$ _____
Group Discount (If three or more register together) \$ - _____
GRAND TOTAL \$ _____

I am registering as part of a group.
Group Name: _____
Others in group are: _____

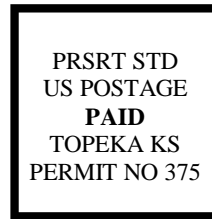
Payment Checks, money orders and VISA or MasterCard accepted.
 Sorry, we cannot accept purchase orders.

Check enclosed. (Payable to KPTA) Charge \$ _____ to: Visa MC Expiration Date ____/____/____

Card # _____ CVV # (3 digits from back of card) _____

Mail or fax this form with either credit card information or check payable to KPTA
 KPTA ■ 2900 SW Plass Ct, Ste 202 ■ Topeka, KS 66611 ■ Fax to: 785-290-0476
 Phone: 785-233-5400 E-mail: kpta@kpta.com

Kansas Physical Therapy Association
2900 SW Plass Ct, Ste 202
Topeka, KS 66611



2010 Fall Conference — Helping Lives Move Forward

Conference Courses Continued

Sunday, October , 2010

8:00AM — 12:15PM

Don't Be A McTherapist!: A Crash Course in Evidence-Based Practice for Common Conditions in Orthopedic Physical Therapy

Presented by Dan Lorenz, PT, DPT, LAT, CSCS

This is a "crash course" on evidence-based" practice of common conditions in orthopedic physical therapy. It will discuss medical screening for referral and provide the autonomous practitioner with resources to properly screen patients. It will also review common therapeutic modalities and explore the evidence supporting or refuting their use.

The participants will be able to upon completion of this session:

- Discuss medical screening for referral to provide the clinician with resources to properly screen a patient as we pursue direct access.
- Discuss common diagnoses of the extremities and spine and provide the best available evidence for rehabilitation interventions.
- Discuss rehabilitation of and provide evidence-based interventions for tendinopathies.
- Review the mechanism of and proposed actions of common therapeutic modalities and provide evidence supporting or refuting their use.

**KPTA PAC FUNDRAISER
GAMING LEARNING CENTER**

\$25 Per Person. Attendees & Friends Invited (All participants must be over 21years of age)

Come mingle! Network! Learn to play a game you've always wanted to try!
Test your luck on one of the many Slot Machines, Table Games, or even a round of Poker!

Cash Bar Available

CE credit is not applicable